



**Seychelles Medical and Dental Council
Good Medical and Dental Practice: A Guide for Medical and Dental
Practitioners in Seychelles**

Introduction

This document outlines the standards of professional conduct, ethics, and clinical practice expected of all medical and dental practitioners registered with the Seychelles Medical and Dental Council. It serves as a practical guide for new registrants to uphold the integrity of the profession and ensure high-quality care for all patients in Seychelles.

1. Professionalism and Ethical Conduct

As a medical or dental practitioner, you must:

- Act with integrity, honesty, and respect in all professional dealings.
- Maintain professional boundaries with patients, colleagues, and the public.
- Be accountable for your decisions and actions.
- Uphold the dignity and reputation of the medical profession.
- Avoid conflicts of interest and declare any that arise.

2. Patient-Centred Care

You are expected to:

- Prioritise the health, dignity, and well-being of patients at all times.
- Treat patients with compassion, kindness, and respect.
- Ensure informed consent is obtained before examination, investigation, or treatment.
- Respect patients' privacy and dignity, including during physical examinations.
- Be culturally sensitive and provide care without discrimination based on race, gender, age, religion, or socioeconomic status.

3. Competence and Continuing Professional Development

You must:

- Practise within the limits of your knowledge, skills, and experience.
- Maintain and regularly update your professional knowledge through continuous education and training.
- Seek supervision or referral when a case is beyond your scope of practice.
- Participate in peer review, audits, and other quality assurance activities.
- Report and reflect on errors or adverse events to promote patient safety.

4. Communication and Collaboration

Effective communication is essential. You should:

- Communicate clearly and respectfully with patients, their families, and colleagues.

- Provide accurate, honest information about diagnosis, treatment options, and prognosis.
- Work collaboratively with other healthcare professionals in a multidisciplinary team.
- Ensure smooth and timely handover of care when transferring patients.

5. Medical and Dental Records and Documentation

You are required to:

- Keep accurate, legible, and up-to-date records of all patient encounters.
- Ensure confidentiality of medical and dental records in line with data protection legislation.
- Record patient history, examination findings, investigations, diagnosis, treatment, and outcomes.
- Avoid retrospective alterations to medical and dental records.

6. Confidentiality and Data Protection

Practitioners must:

- Respect and protect patient confidentiality at all times.
- Share patient information only with consent or when legally required (e.g. safeguarding, court order).
- Store and transmit medical data securely.
- Explain to patients how their data may be used.

7. Prescribing and Use of Resources

In prescribing and ordering investigations, you must:

- Prescribe medications appropriately and within clinical guidelines.
- Be mindful of cost-effective and evidence-based use of resources.
- Avoid unnecessary tests, procedures, or treatments.
- Report any suspected misuse of drugs or controlled substances.

8. Health and Conduct of the Practitioner

You must:

- Take responsibility for your own physical and mental health.
- Avoid practising if your health condition could put patients at risk.
- Seek help and support when necessary.
- Inform the Council if you are subject to criminal charges or disciplinary action.

9. Reporting Concerns and Whistleblowing

- If you witness unsafe, unethical, or illegal conduct, you have a duty to report it to the appropriate authority.
- You must protect patients by acting promptly on concerns about colleagues or systems of care.
- You are protected from retaliation when reporting in good faith.

10. Responsibilities to the Seychelles Medical Council

You are expected to::

- Comply with all regulations and directives issued by the Council.
- Renew your registration and licensure as required.
- Notify the Council of changes in employment, contact details, or professional status.
- Participate in Council-led audits, appraisals, or investigations when requested.

Conclusion

Good medical and dental practice is the cornerstone of safe, effective, and ethical care. As a registered medical or dental practitioner in Seychelles, you are entrusted with a duty to uphold the highest standards of the profession. This guide is designed to support your ongoing commitment to excellence in clinical practice, professionalism, and patient care.

Issued by:

Seychelles Medical Council

Date: 29 October 2025

